

**WEEK  
3**

W/C: 02/05 23/05 20/06 11/07 05/09 26/09  
17/10

**Chartwells**  
So much more than Fantastic Food

# THREE WEEK MENU

## SPRING/SUMMER 2022

OUR NEW MENU  
CHOSEN BY  
PARENTS AND  
CHILDREN

YOUR  
FAVOURITES  
AVAILABLE  
EVERY DAY



**ENJOY SOME YUMMY  
NEW TASTES EVERY TUESDAY!**

"HI, I'M CHEF ALLEGRA MCEVEDY - YOU MAY KNOW ME FROM CBBC'S JUNIOR BAKE OFF AND STEP UP TO THE PLATE. I'VE CREATED SOME NEW AND DELICIOUS DISHES FOR MY TAKEOVER TUESDAYS - I HOPE YOU LOVE THEM JUST AS MUCH AS I DO!"

**MONDAY**

**Cheese & Tomato Pizza with Garlic Bread** 🍕🍷  
Cheesy Tomato topped Pizza Slice

**Vegetarian Sausage with Mashed Potato and Gravy** 🍷🍷  
Veggie sausage and mash with rich gravy

**Jacket Potato** 🍷🍷  
With Cheese or Baked Beans  
**Tomato Pasta** 🍷🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Peas and Carrots**

**Oaty Biscuit with Fruit Slices** 🍷🍷

**TUESDAY**

**Allegra's Chilli Con Chicken and Sweet Potato Bake** 🍷  
Baked wedges of sweet potato, topped with tomato chicken & tortilla crunchies

**Veggie Balls in Tomato Sauce with Pasta** 🍷🍷  
Delicious veggie balls in a tasty tomato sauce with pasta

**Jacket Potato** 🍷🍷  
With Cheese or Baked Beans  
**Tomato Pasta** 🍷🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Sweetcorn and Broccoli**

**Apple and Carrot Yoghurt Muffin** 🍷

**WEDNESDAY**

**Roast Chicken with Roast Potatoes & Gravy**  
Succulent roast chicken with fluffy roasties and tasty gravy

**Butternut Squash and Potato Pastry Slice with Roast Potatoes and Gravy** 🍷  
A chunky butternut squash and potato pastry slice

**Jacket Potato** 🍷🍷  
With Cheese or Baked Beans  
**Tomato Pasta** 🍷🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Carrots and Cabbage**

**Strawberry Ice Cream**

**THURSDAY**

**Meatballs with Pasta** 🍷  
Beef meatballs in a tomato sauce served with pasta

**Vegetable Biryani** 🍷🍷  
Mildly spiced Indian rice dish

**Jacket Potato** 🍷🍷  
With Cheese or Baked Beans  
**Tomato Pasta** 🍷🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Green Beans and Sweetcorn**

**Chocolate Sponge Cake**

**FRIDAY**

**Battered Fish Fillet and Chips**  
Crispy fish fillet with scrummy chips

**Veggie Soft Taco and Chips** 🍷🍷  
A soft taco shell filled with a yummy veggie tomato chilli

**Jacket Potato** 🍷🍷  
With Cheese or Baked Beans  
**Tomato Pasta** 🍷🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Baked Beans and Peas**

**Banana & Apricot Flapjack** 🍷

# WEEK 1

W/C: 18/04 09/05 06/06 27/06 18/07 12/09 03/10

## HOT SPECIALS...

## DAILY FAVES...

## SIDES...

## PICK A PUD!

MONDAY

**Cheese & Tomato Pizza with Garlic Bread** 🌱 🍷  
Cheesy tomato topped pizza slice

**Macaroni Cheese** 🌱  
Traditional Mac 'N' Cheese, delicious macaroni in a creamy cheese sauce

**Jacket Potato** 🍷 🌱  
With Cheese or Baked Beans  
**Tomato Pasta** 🌱 🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Green Beans and Sweetcorn**

**Raspberry Ripple Ice Cream**

TUESDAY

**Allegra's BBQ Chicken Burger, Corn and Pineapple Relish with Potato Wedges**  
BBQ chicken breast burger with zingy corn relish

**The Incredible Burger served with Potato Wedges** 🌱  
Meatless burger in a soft bap with ketchup

**Jacket Potato** 🍷  
With Salmon Mayonnaise, Cheese or Baked Beans 🐟  
**Tomato Pasta** 🌱 🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Peas and Broccoli**

**Secret Brownie**

WEDNESDAY

**Roast Chicken with Roast Potatoes & Gravy**  
Succulent roast chicken with fluffy roasties and tasty gravy

**Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy** 🌱 🍷  
A chunky sweet potato and chickpea roast

**Jacket Potato** 🍷 🌱  
With Cheese or Baked Beans  
**Tomato Pasta** 🌱 🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Carrots and Cabbage**

**Shortbread Biscuit with Fruit Slices** 🍌

THURSDAY

**Meatballs & Pasta** 🍷  
Beef meatballs in a tomato sauce with pasta

**Quorn Hot Dog with Potato Wedges** 🌱  
A delicious Quorn hot dog

**Jacket Potato** 🍷 🌱  
With Cheese or Baked Beans  
**Tomato Pasta** 🌱 🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Broccoli and Sweetcorn**

**Berry & Peach Oaty Crumble with Custard** 🍌 🍷

FRIDAY

**Battered Fish Fillet and Chips**  
Crispy fish fillet with scrummy chips

**Quorn Nuggets and Chips** 🌱  
Crispy Quorn nuggets with their fave sauce - ketchup

**Jacket Potato** 🍷 🌱  
With Cheese or Baked Beans  
**Tomato Pasta** 🌱 🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Baked Beans and Peas**

**Orange, Sultana & Carrot Slice**

# WEEK 2

W/C: 25/04 16/05 13/06 04/07 29/08 19/09 03/10

## HOT SPECIALS...

## DAILY FAVES...

## SIDES...

## PICK A PUD!

MONDAY

**Veggie Bolognese** 🌱 🍷  
Yummy veggie Bolognese with pasta

**Cheese & Tomato Pizza with Garlic Bread** 🌱 🍷  
Cheesy tomato topped Pizza Slice

**Jacket Potato** 🍷 🌱  
With Cheese or Baked Beans  
**Tomato Pasta** 🌱 🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Carrot Sticks and Cucumber Sticks**

**Flapjack with Fruit Slices** 🍌 🍷

TUESDAY

**Sausage and Mash with Gravy**  
Sausage and mash with rich gravy

**Vegetable Lasagne with a Garlic & Herb Bread Wedge** 🌱 🍷  
Delicious sheets of pasta layered with veggies and tomato sauce

**Jacket Potato** 🍷 🌱  
With Cheese or Baked Beans  
**Tomato Pasta** 🌱 🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Broccoli and Peas**

**Orange Shortbread with Fruit Slices** 🍌

WEDNESDAY

**Roast Turkey with Roast Potatoes & Gravy**  
Roast turkey with fluffy roasties and tasty gravy

**Creamy Vegetable Pie with Roast Potatoes and Gravy** 🌱  
Creamy vegetable pie with a cheesy shortcrust topper

**Jacket Potato** 🍷 🌱  
With Cheese or Baked Beans  
**Tomato Pasta** 🌱 🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Cabbage and Carrots**

**Raspberry Yoghurt Cake**

THURSDAY

**Jerk Chicken with Rice and Peas**  
Delicious Jerk spiced chicken served with rice and peas

**Mild Chickpea and Potato Curry with Rice** 🌱 🍷 🍷  
Tasty chickpea and potato curry served with rice

**Jacket Potato** 🍷 🌱  
With Cheese or Baked Beans  
**Tomato Pasta** 🌱 🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Green Beans and Sweetcorn**

**Fruity Chocolate Brownie** 🍷

FRIDAY

**Golden Fish Fingers and Chips**  
Crispy fish fingers with scrummy chips

**The Incredible Burger served with Chips** 🌱  
Meatless burger in a soft bap with ketchup

**Jacket Potato** 🍷 🌱  
With Cheese or Baked Beans  
**Tomato Pasta** 🌱 🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Peas and Baked Beans**

**Vanilla Ice Cream**

**AVAILABLE EVERY DAY**  
WATER, SALAD, FRESHLY BAKED BREAD,  
YOGHURT & FRESH FRUIT

🌱 Vegetarian 🐟 Oily fish 🍷 Wholegrain 🍌 Fruity! 🍷 Nutritionist's Choice