

Monday 1st November 2021



Dear Parents/Carers,

### Confirmed case of Covid-19

A confirmed case of COVID-19 (coronavirus) has been reported to school today for a Year 4 child. This child became unwell at the end of the half term holiday and has not been in recent contact with other children in the school. The child is self-isolating at home.

The school does not need to take any action at this time and we remain open as usual. Please continue to be vigilant in monitoring your child for symptoms of Covid-19. If they should show one or more of the symptoms below, however mild, please keep them at home and arrange a PCR test as soon as possible.

### What are the symptoms of Covid-19?

The [Main symptoms of coronavirus \(COVID-19\)](#) are:

- **a high temperature** - this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **a new, continuous cough** - this means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours
- **a loss or change to sense of smell or taste** - this means you cannot smell or taste anything, or things smell or taste different to normal

### What should I do if my child develops one or more symptoms of Covid-19?

If your child has **any one** of the above Covid symptoms, however mild, they should stay at home for at least 10 days from the date when their symptoms appear and arrange a PCR test.

- Follow this link to arrange a PCR test: [Ask for a coronavirus test](#) or call 119.
- Please note that, in our experience, results from a test taken at a walk-in or drive-through test site are returned more quickly than those from a postal test.
- Please inform us straight away of a positive test result by emailing [sao@meridian.greenwich.sch.uk](mailto:sao@meridian.greenwich.sch.uk) or telephoning the school on 020 8858 3572. The school email address is monitored outside of school hours for Covid notifications..

More information can be found here: [When to self-isolate and what to do - Coronavirus \(COVID-19\)](#)

I recognise that this news may be worrying for some parents/carers. Please be reassured that for most people, Covid-19 will be a mild illness. Our most up to date risk assessment and contingency plan can be found on the school website: <http://www.meridian.greenwich.sch.uk/covid-19-update/4594919434> by clicking on the button entitled 'Covid Contingency Plan'.

Thank you for your ongoing support.

Best wishes,

Jo

Jo Graham - Headteacher