

Monday 13th December 2021



Dear Parents/Carers,

Confirmed cases of Covid-19 at Meridian

Two confirmed cases of COVID-19 (coronavirus) have been reported to school today: one for a Year 5 child and one for a member of staff in Year 5. The child attended Breakfast Club and was last in school on Wednesday. The member of staff was last in school today and tested positive on a lateral flow test this evening.

As all children in **Year 5 and Breakfast Club** are potential contacts of a confirmed case, **I would strongly advise parents/carers of Y5 and Breakfast Club to arrange a PCR test for their child.** I have advised relevant staff to do the same.

In line with current government guidance, **the school remains open and all children can continue to attend school as normal, providing they are well.** Please continue to be vigilant in monitoring your child for any Covid symptoms, however mild.

How do I arrange a PCR test for my child?

Because they are a potential contact, you can arrange for your Year 5/Breakfast Club child to have a PCR test whether or not they have symptoms by following this link: [Ask for a coronavirus test](#). Alternatively, you can call 119. If your child has no symptoms, they can continue to attend school whilst awaiting their PCR result.

Please inform us straight away of a positive test result by emailing sao@meridian.greenwich.sch.uk or by telephoning the school on 020 8858 3572. The school email address is monitored outside of school hours for Covid notifications.

Where can I find further information?

Further information is on page 2 of this letter or can be found at [Coronavirus \(COVID-19\)](#). If you have any questions, please do not hesitate to contact me via the school office sao@meridian.greenwich.sch.uk.

Thank you for your ongoing support in keeping our school community as safe as possible.

With my very best wishes,

Jo

Jo Graham - Headteacher

Further information about Covid-19

What are the symptoms of Covid-19?

As defined by the NHS, the [Main symptoms of coronavirus \(COVID-19\)](#) are:

- **a high temperature** - this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **a new, continuous cough** - this means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours (of you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** - this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

What should I do if my child develops one or more symptoms of COVID-19, however mild?

If your child has **any one** of the above Covid symptoms, **however mild**, they should arrange a PCR test (not a lateral flow test) and remain at home until the result is known. If negative, the child can end self-isolation. If positive, the child should isolate until at least 10 days after their symptoms appeared.

- Follow this link to arrange a PCR test: [Ask for a coronavirus test](#) or call 119.
- Please note that, in our experience, results from a test taken at a walk-in or drive-through test site are returned more quickly than those from a postal test.
- Please inform us straight away of a positive test result by emailing sao@meridian.greenwich.sch.uk or telephoning the school on 020 8858 3572. The school email address is monitored outside of school hours for Covid notifications.
- If you need help in arranging a PCR test, please contact the school office.

More information can be found here: [When to self-isolate and what to do - Coronavirus \(COVID-19\)](#)

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening, you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.