

WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 12/02, 25/03, 15/04, 06/05

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🌱 Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Chicken, Vegetable and Mash Pie 🌱 Served with Gravy	Beef Bolognese 🌱 🌱 Served with Wholewheat Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Sir Fried Vegetable Rice 🌱 🌱 	Vegetarian Burger 🌱 Served with Potato Wedges	Vegetable Pastry Roll 🌱 Served with Mashed Potato and Gravy	Vegetarian Bolognese 🌱 🌱 🌱 Served with Wholewheat Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets 🌱 Served with Chips
JACKET POTATO	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings, including Salmon Mayo/maïaise 🌊	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🌱 🌱 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌱					
All main meals are served with two vegetables					
DESSERT	Chocolate Brownie	Crispy Crockle Bar with Fruit 🌱	Carrot, Orange and Sultana Slice 🌱	Original Flapjack	Vanilla Ice Cream

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian
  Oily fish
  Wholegrain
 Fruity!
  Nutritionist's Choice

be assured that all notified medical diets and allergy requirements will be safely catered for.



WEEK 2

W/C: 06/11, 27/11, 18/12, 29/01, 19/02, 11/03, 01/04, 22/04, 13/05

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🍕 Served with Potato Wedges	Sweet and Sour Chicken 🍗 Served with Wholegrain Rice	Roast Turkey 🦃 Served with Roast Potatoes and Gravy	Sausage Pasta Bake 🍝 Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Vegetarian Cottage Pie 🥧 Served with Gravy	Macaroni Cheese 🍝	Cheesy Leek and Carrot Crumble 🥧 Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake 🍝 Served with Garlic and Herb Bread	Crispy Quorn Nuggets 🍗 Served with Chips
JACKET POTATO	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings	Jacket Potatoes 🥔 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🍝					
All main meals are served with two vegetables					
DESSERT	Apple Crumble with Custard 🍏	Crunchy Chocolate Biscuit	Vanilla Sponge with Custard	Carrot Cake 🥕	Strawberry Ice Cream 🍓

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian
  Oily Fish
  Wholegrain
 Fruity!
  Nutritionist's Choice

be assured that all notified medical diets and allergy requirements will be safely catered for.





WEEK 3

W/C: 13/11, 04/12, 25/12, 15/01, 05/02, 26/02, 18/03, 08/04,
06/05 27/05

- MONDAY
- TUESDAY
- WEDNESDAY
- THURSDAY
- FRIDAY

Cheese and Tomato Pizza 🌱 🌾
Served with Potato Wedges

Cauliflower Macaroni Cheese 🌱 🌾
Served with Garlic and Herb Bread

Roast Turkey 🌱
Served with Roast Potatoes and Gravy

Chicken and Vegetable Korma 🌱 🌾
Served with Wholegrain Rice

Southern Fried Chicken
Served with Chips

Chilli No Carne with Crispy Tortilla
Served with Wholegrain Rice

Spanish Vegetable Rice 🌱 🌾
Served with Wholegrain Rice

Sweet Potato and Chickpea Roast 🌱 🌾
Served with Roast Potatoes and Gravy

Caribbean Chickpea Coconut Curry 🌱 🌾
Served with Wholegrain Rice

Crispy Quorn Nuggets 🌱
Served with Chips

Jacket Potatoes 🌱 🌾
with a choice of hot and cold fillings

Jacket Potatoes 🌱 🌾
with a choice of hot and cold fillings

Jacket Potatoes 🌱 🌾
with a choice of hot and cold fillings

Jacket Potatoes 🌱 🌾
with a choice of hot and cold fillings

Jacket Potatoes 🌱 🌾
with a choice of hot and cold fillings

Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌾

All main meals are served with two vegetables

DESSERT	
Magic Apple and Cinnamon Bake 🌱	Strawberry Jelly
Orange Drizzle with Fruit 🌱	Pineapple Upside Down Cake with Custard
Chocolate Ice Cream with Shortbread Biscuit	

AVAILABLE EVERY DAY
Water, salad, freshly baked bread,
yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain
🍏 Fruity! 🍷 Nutritionist's Choice

be assured that all notified medical diets and allergy requirements will be safely catered for.

AUTUMN/WINTER 2023

